



E.F.T PRACTITIONER TRAINING GLOUCESTER 2021

What is E.F.T ?

E.F.T stands for Emotional Freedom Technique (also known as tapping). It was developed by Stanford graduate, Gary Craig, who discovered that stimulating the major meridians (energy channels) by tapping acupuncture points on the head and body, while simultaneously focusing on specific issues, can lead to remarkable alterations in the body's energy patterns. This shift of energy results in substantial freedom from emotional and physical symptoms – often eliminating them entirely. In some instances, within minutes



EFT has been successfully used on a wide range of issues e.g. anxiety, depression, phobias, addictive cravings, PTSD, physical pain, and even chronic disease. It has a clinically proven high success rate with the ability to bring quick and permanent relief. Research studies, clinical trials, service and peer reviews are evidencing its amazing success rates. Another reason for EFT's

success rate is that it is not only a highly effective practitioner-based therapeutic tool but it is a simple and easy to learn, self-help method that empowers children, young people, and adults.

Who is this course for?

This EFT Level 2 course is for anyone who is looking to use EFT Tapping within their professional role, and/or for those who want to learn these amazing techniques for self-development..

Where and when?

The course runs over 3 days from 10am-4.30pm and is held at 2&6 Therapy Rooms, Wainbridge House, Shepherd Road, Gloucester GL2 5EL. (The venue is accessible and has free parking). Dates to choose from are: Sat 3rd-Mon 5th July 2021. Monday's on the 20th, 27th September and 4th October or Saturday 27th - Monday 29th November 2021.

What is the investment?

The investment is £350 which includes::

- ★ Training with a qualified and experienced trainer and supervisor (and emotional helper)
- ★ Accessible facilities and FREE parking
- ★ FREE refreshments & FREE light lunch
- ★ Course materials
- ★ Course Certificate
- ★ EFT Examination support
- ★ Post-qualifying discounted insurance (if you are unable to add EFT to existing insurance)
- ★ FREE Life Membership to the academy EFTMRA
- ★ FREE Access to an online 'mentor' support group
- ★ FREE Access to an online swap group support
- ★ FREE Access to an online Meta-Health group
- ★ FREE Access to the EFTMRA online support
- ★ 18 hours of CPD.

How can I book?

A deposit of £50 is required to confirm your place. Spaces are offered on a first come/first serve basis. The remaining balance is due on the first day of your course. (There is an additional small admin cost for the online exam test). To book please email info@sharonbranagh.co.uk



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